



## BREADS

**Buckwheat Apple Walnut** \$60 / 35  
buckwheat and unbleached white flours, wine-soaked apples, walnuts

**Campagne** \$60  
unbleached white, whole wheat and rye flours

**Cornbread (Broa de Milho)** \$50 / 30  
corn flour, unbleached white flour, olive oil, local honey

**Flax Seed Batard** \$60  
unbleached white, whole wheat and rye flours, flax seeds

**Multigrain** \$60 / 35  
whole wheat, unbleached white and dark rye flours, cornmeal, sunflower, pumpkin and flax seeds, millet, oats, local honey

**Olive Batard** \$60  
unbleached white, whole wheat and rye flours, olives

**Pugliese** \$60  
unbleached white and whole wheat flours, olive oil, roasted potatoes

**Seeded 100% Spelt Loaf** \$60  
spelt flour, sunflower, pumpkin and flax seeds

**Sourdough Rye** \$60  
rye and unbleached white flours

**Sourdough Whole Wheat** \$60  
whole wheat and unbleached white flours

**Sunflower Rye** \$60  
dark rye and unbleached white flours, roasted sunflower seeds, local honey

**Woodbrook Baguette/ Olive Baguette** \$25 / 35  
unbleached white and whole wheat flours / olives

## Gluten Free > Savory

**Damn Good Cheese Crackers** \$50  
gluten-free all-purpose flour, butter, eggs, parmesan, cayenne, paprika, dry mustard

**Flax Almond Loaf** \$70  
almond meal, flax meal, almond milk, eggs, honey, olive oil, caraway seeds

**Pizza Crust** \$50 / 30  
gluten-free all-purpose flour, yeast, powdered milk, olive oil, honey

**Rosemary Cracker** \$40  
almond flour, olive oil, eggs, fresh rosemary

## Gluten Free > Sweet

**Breakfast Bar** \$20  
almond flour, pumpkin seeds, sunflower seeds, almonds, coconut, raisins, coconut oil, local honey

**Brownie** \$20  
almond flour, dates, local cocoa, coconut oil, eggs, local honey

**Caribbean Banana Bread** \$70 / 40  
gluten-free all-purpose flour, coconut oil, brown sugar, eggs, bananas, coconut, cinnamon, nutmeg

**Cranberry Orange Walnut Bread** \$70 / 40  
gluten-free all-purpose flour, flax meal, sugar, butter, eggs, orange juice, cranberries, walnuts

**Morning Glory Muffin** \$20  
gluten-free all-purpose flour, eggs, coconut oil, brown sugar, pumpkin, sunflower and flax seeds, apples, carrots, walnuts, coconut, raisins, cinnamon, nutmeg

**Sesame Almond Cookie** \$50 (package of 4)  
almond flour, sesame seeds, tahini, local honey, coconut oil, vanilla

# Zabouca Breads

THE WHOLE GRAIN EXPERIENCE

zaboucabreads.com  
868.628.1656



## SCONES

### Blueberry Cornmeal \$15

unbleached white flour, cornmeal, butter, milk, eggs, sugar, blueberries

### Buckwheat Cranberry Pecan \$15

unbleached white, spelt and whole wheat flours, butter, milk, eggs, sugar, cranberries, pecans, nutmeg

### Cheddar Chive \$15

unbleached white and kamut flours, cornmeal, butter, milk, eggs, sugar, cheddar cheese, chives, cayenne pepper

### Chocolate Hazelnut \$15

unbleached white, whole wheat, and buckwheat flours, butter, milk, eggs, sugar, hazelnuts, chocolate chips

### Coconut Ginger \$15

unbleached white, whole wheat and buckwheat flours, butter, milk, eggs, sugar, coconut, crystallized ginger

## SPREADS

### Beet Paté \$30

beets, ground walnuts, flax seeds, pumpkin and sunflower seeds, olive oil, garlic

### Herb Cheese Paté \$30

mix of cheeses, milk, butter, carrots, peppers, basil, thyme, chive, parsley

### Infused Butters \$25

Mint, Rosemary, Sage, Tarragon

### Mango Butter \$40

mangos, touch of sugar

### Roasted Corn and Mango Salsa \$40

corn, mango, sweet peppers, red onion, cilantro, lime juice, cumin

### ZB Hummus \$30

variety of peas and beans, tahini, olive oil, garlic, sour lemon juice

## QUICKBREADS

### 100% Whole Wheat Loaf \$50

whole wheat flour, milk, coconut oil, local honey

### Buckwheat Coconut Seeded Boulé/Roll \$50/20

buckwheat, rye, and unbleached white flours, coconut, sunflower pumpkin and flax seeds, flax meal, butter, local honey

### Cinnamon Raisin Loaf \$50

unbleached white, whole wheat and spelt flours, rolled oats, butter, milk, brown sugar, cinnamon

### Herb and Olive Braided Loaf \$50

unbleached white and rye flours, olive oil, olives, herbs de Provence

### Jalapeño Cornbread \$50

unbleached white flour, cornmeal, eggs, milk, sugar, jalapeños, red pepper flakes

### Mountain Bread \$60/35

unbleached white, whole wheat, and buckwheat flours, sunflower, pumpkin and flax seeds, coconut, mixed dried berries, sugar, nutmeg

## AND MORE...

### Fruit & Nut Granola \$50

oats, local honey, coconut, pecans, almonds, cashews, walnuts, apricots, raisins, cranberries, tart cherries, crystallized ginger, vanilla, cinnamon, nutmeg

### ZB Granola \$40

rolled oats, wheat germ, sunflower seeds, sesame seeds, bran, pecans, coconut, nutmeg syrup, coconut oil

### Super-10 Cookie \$30 (package of 3)

whole wheat flour, rolled oats, canola oil, eggs, brown sugar, cinnamon, ginger, cloves, local honey, carrots, cranberries, chocolate chips, almonds

## PIZZAS MADE TO ORDER\*\* with our gluten-free crust

**ZB Classic** – Large 12' \$50 / Small 9' \$30  
tomato sauce, cheese, fresh basil

### Extra toppings @ \$10 (large) and \$5 (small)

eggplant  
olives  
mushrooms  
onion  
peppers  
pineapple  
tomato

\*\*Call ahead and order your favorite combo, or buy the plain crust and make your own or freeze for the future.

Not all menu items are available daily.  
Please call us at 628.1656 with questions.



## VISIT US

**Tuesday–Saturday, 9am–6pm**

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Woodbrook

Port of Spain

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